



# Greater Norristown PAL

## 2010 Summer Activities

### **FAME** (Fun Activities for Middle school Enrichment)

Greater Norristown PAL (GNPAL) sponsors a variety of summer activities at a reasonable price. All participants must be GNPAL members. Summer sports programs are on a separate flyer.

Choose any or all of the activities listed below. **All participants must currently be in middle school unless stated otherwise.** **Cost:** \$5/activity (except Guitar lessons are \$15) + GNPAL membership

#### **BOCCE** and a cookout lunch

Learn how to play bocce at the Elmwood Park Bocce Courts and enjoy a delicious cookout lunch! Limited to 16 participants..

Date: Wednesday, July 7, 2010

Time: 12 to 3 pm; meet at the bocce courts.

#### **BOWLING**

At Facenda-Whitaker Lanes. Includes shoes and bowling balls. Limited to 14 participants.

Date: Thursday, July 8, 2010

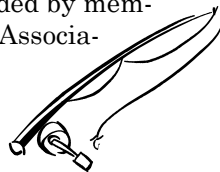
Time: 12:30 to 3:30 pm; meet at GNPAL.

#### **FISHING**

Poles, bait and instruction provided by members of the Stony Creek Anglers Association. Limited to 14 participants.

Date: Tuesday, July 13, 2010

Time: 4 to 8 pm; meet at GNPAL.



#### **ROCK CLIMBING\***

Experience the thrill of rock climbing at Philadelphia Rock Gym in Oaks. Limited to 14 participants who must wear sneakers & non-restrictive clothing.

*\*Signed waiver form must be submitted with application.*

Date: Thursday, July 15, 2010

Time: 12 to 3 pm; meet at GNPAL.

#### **HORSEBACK RIDING\***

Take an hour long trail ride through Evansburg Park from Red Buffalo Ranch. Limited to 12 participants.

*\*Signed waiver form must be submitted with application.*

Date: Tuesday, July 20, 2010

Time: 4 to 7 pm; meet at GNPAL.

#### **ICE SKATING**

Have fun ice skating in July at Center Ice; includes skate rental. Limited to 14 participants.

Date: Thursday, July 22, 2010

Time: 12 to 3 pm; meet at GNPAL.



#### **THEATRE & MUSIC TECHNOLOGY @ MCCC**

Explore the worlds of theatre and music by participating in workshops at Montgomery County Community College. Lunch at MCCC is included. Limited to 14 participants.

Date: July 27, 2010

Time: 11:30 am to 3:30 pm; meet at GNPAL.

#### **\*\*FRANKLIN INSTITUTE TRIP\*\***

Take a train into Philadelphia and spend the afternoon exploring the exhibits at the Franklin Institute. Have dinner in Philadelphia before returning. Dinner is included.

*\*\* This trip is open only to individuals who participated in one of the other GNPAL FAME summer activities. Sign-up for this trip when registering for other summer activities. Participant should eat lunch before the trip.*

Date: Thursday, July 29, 2010

Time: 12:15 to 7:45 pm; meet at GNPAL.

#### **GUITAR LESSONS**

Learn the basics of playing the guitar. Open to beginners only age 9 to 12 years old. Guitars are provided. Limited to 4 students/class.

Date: Wednesdays, July 7 to July 28

Time: 2 to 2:30 pm or 2:30 to 3 pm.



**DROP-IN GAME DAYS** Wednesday afternoons in July will be Game Day at GNPAL. Students are invited to play **Phase 10** or **24** between 3:30 and 6 pm, and **Chess** between 6 and 8 pm. No registration required and no fee to play, but participants must be GNPAL members.

Register weekdays from 10 am to 8 pm at

**Greater Norristown PAL • 340 Harding Boulevard • Norristown, PA**  
**610-278-8040 info@norristownpal.org**

or download a registration form from our website at [www.greaternorristownpal.org](http://www.greaternorristownpal.org).